

## EYFS Understanding of the World at St Peter's Primary School

Science in the Foundation Stage is introduced through activities that encourage the children to *explore, problem solve, observe, predict, think, make decisions* and talk about the world around them. It is called '*knowledge and understanding of the world*'.

Children explore creatures, people, plants and objects in their natural environments. They observe and manipulate objects and materials in order to identify similarities and differences. Children also learn to use their senses through, for example, feeling dough or listening to a variety of different sounds in the environment.

The children are always encouraged to ask questions *about why things happen and how things work*. Through their own physical development, children also learn to recognise the effects that exercise has on the body.

Children learn about the importance of keeping themselves healthy through activities such as cooking and talking about what they eat. Through their creative development, children are also able to explore shape, texture, colour and space.

