

## KS1 PE

Cycle	Autumn Term		Spring Term		Summer Term	
<b>Year 1</b>	1 <sup>ST</sup> Half Term	2 <sup>nd</sup> Half Term	1 <sup>st</sup> Half Term	2 <sup>nd</sup> Half Term	1 <sup>st</sup> Half Term	2 <sup>nd</sup> Half Term
	Ball Skills Games Throwing & Catching	Multi-sports And Fitness	Gymnastics Travelling	Games Invasion	Athletics Run, jump, throw	Athletics Competition Sports Day Mini Olympics
	Swimming	Dance	Dance Country	Swimming	Swimming	Swimming
<b>Year 2</b>	Multi Skills Balls	Games	Gym Balance & Roll	Games Striking & Fielding	Athletics Run, jump, throw	Athletics Competition Sports Day Mini Olympics
	Swimming	Dance	Dance Country	Swimming	Swimming	Swimming

Basic (Fundamental) Movements
Team Games
Dance
Swimming
Competition 