

## Year 3

### Summer Term



#### *Fielding and Striking - Cricket, rounders, batting*

##### PE skills for this unit

###### *Age Related Expectations:*

- *Understands tactics and composition by starting to vary how they respond.*
- *Vary skills, actions and ideas and link these in ways that suit the games activity.*
- *Beginning to communicate with others during game situations.*
- *Uses skills with co-ordination and control.*
- *Develops own rules for new games.*
- *Beginning to understand how to compete with each other in a controlled manner.*
- *Beginning to select resources independently to carry out different skills.*

##### Knowledge for this unit

###### *Fielding*

- *Move to the ball*
- *Make body long, creating a barrier*
- *Positioning*

###### *Bowling*

- *Use strong hand*
- *Underarm*
- *Opposition - arm to leg*
- *Accurate aiming to target (bat), a good bowl, a good strike.*

###### *Catching*

- *Keep eye on the ball*
- *Move to get under the ball*
- *Bring the ball in*

##### Previous learning:

- *Confident to send the ball to others in a range of ways.*
- *Beginning to apply and combine a variety of skills (to a game situation)*
- *Develop strong spatial awareness.*
- *Beginning to develop own games with peers.*
- *Understand the importance of rules in games.*
- *Develop simple tactics and use them appropriately.*
- *Beginning to develop an understanding of attacking/defending*

## Batting

- Correct hand positions on bat
- Body position - standing side on
- Flat side of the bat

## Teamwork

- Supporting players who need extra help and appreciating players' natural ability.

## Social interaction development

## Appreciation of fair play

## Vocabulary

- Batting
- Bowling
- Fielding
- Underarm

## Invasion Games Netball

### PE skills for this unit

#### Age Related Expectations:

- Develop listening skills.
- Create simple body shapes.
- Listen to instructions from a partner/ adult.
- Beginning to think activities through and problem solve.
- Discuss and work with others in a group.
- Demonstrate an understanding of how to stay safe.

### Knowledge for this unit

#### Throw and catch

- Use of different techniques of throwing, e.g. shoulder, chest, bounce pass.

Moving into a space rather than bunching up together.

#### Footwork

- Landing first foot second foot.
- First foot is pivot foot
- Second foot is moving fast

#### Knowing what it is like to win and lose.

- Fair play
- Congratulating a team - win or lose - with a hand shake and 'well done'.

### Previous learning:

- Develop strong spatial awareness.
- Beginning to develop own games with peers.
- Understand the importance of rules in games.
- Develop simple tactics and use them appropriately.
- Beginning to develop an understanding of attacking/defending

### Vocabulary

- Rules, attacking, defending

