

Year 4

Spring Term

Invasion  
Games



Striking and  
Fielding

### Invasion Games

#### PE skills for this unit

##### Age Related Expectations:

- Develops strong listening skills.
- Uses simple maps.
- Beginning to think activities through and problem solve.
- Choose and apply strategies to solve problems with support.
- Discuss and work with others in a group.
- Demonstrates an understanding of how to stay safe.

#### Knowledge for this unit

- Tactical awareness and cooperation within a team
- Rules applied to specific games and the similarities and differences between games.
- All the correct throws and footwork
- Appreciation of peers' ability
- How to get into a good attacking position.

#### Previous learning:

- Develop listening skills.
- Create simple body shapes.
- Listen to instructions from a partner/ adult.
- Beginning to think activities through and problem solve.
- Discuss and work with others in a group.
- Demonstrate an understanding of how to stay safe.

#### Vocabulary

- Attack
- Defence
- Spatial awareness

## Fielding and Striking - Cricket

### PE skills for this unit

#### Age Related Expectations:

- Vary skills, actions and ideas and link these in ways that suit the games activity.
- Uses skills with co-ordination, control and fluency.
- Takes part in competitive games with a strong understanding of tactics and composition.
- Can create their own games using knowledge and skills.
- Works well in a group to develop various games.
- Compares and comments on skills to support creation of new games.
- Can make suggestions as to what resources can be used to differentiate a game.
- Apply basic skills for attacking and defending.
- Uses running, jumping, throwing and catching in isolation and combination.

#### Knowledge for this unit

- Holding bat correctly
- Running between the wickets
- Good body positioning
- Accuracy of bowling (underarm).
- Positioning, when fielding.
- Empathy for teammates/ teamwork).

#### Previous learning:

- Confident to send the ball to others in a range of ways.
- Beginning to apply and combine a variety of skills (to a game situation)

#### Vocabulary

- Runs
- Scoring
- Batting into the gaps.