



PSHE CURRICULUM OVERVIEW



	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
RECEPTION Note PSHE is a prime daily focus in the early years.	Work and play cooperatively Know right from wrong- understanding rules Stranger danger	Take turns Listen to others Manage own personal needs	Have a positive sense of self.	Importance of healthy food choices.	Show sensitivity to others' needs	Show resilience and perseverance Keeping safe online
YEAR 1	Respectful relationships Basic First Aid Mental well-being	Communicating online	Living in the wider world - money and work	Families and people who care for me Healthy eating	Being safe Health prevention	
YEAR 2	Friendships and safe relationships	Online relationships	Living in the wider world - jobs		Physical health Mental well being Being safe in the sun	Mental well being Feelings

YEAR 3	Families and Friendships Keeping safe	Internet safety and harms Living in the wider world	Health and wellbeing		Health and Wellbeing	
YEAR 4	Families and friendships, respecting ourselves and others	Safe relationships Health and wellbeing British Values	Healthy eating	Living in the wider world	Keeping safe	
Cycle B YEAR 5 AND 6	Caring Friendships On-line relationships Internet safety and harms	Health and mental wellbeing			Health and wellbeing - puberty Keeping safe	Health and wellbeing Basic first aid Health and wellbeing Relationships Puberty Reproduction (year 6)
Cycle A YEAR 5 AND 6	Respectful relationships	Health and mental wellbeing	Changing adolescent body		Healthy balanced lifestyle -	Health and wellbeing Basic first aid

	<p>Families and people who care for me.</p> <p>Health and well-being</p> <p>Legal and illegal drugs</p>	<p>Living in the wider world</p> <p>Financial Capability</p>			<p>planning a healthy meal</p>	<p>Health and wellbeing</p> <p>Relationships</p> <p>Puberty</p> <p>Reproduction (year 6)</p>
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Themed weeks are held with a particular focus on British Values and supporting and promoting mental well-being. Worships focus on the Gospel Values and how these relate to our School Values and British Values.