

St Peter's CE Primary School



Personal Social Health and Economic (PSHE) Policy

Our Vision:

'For the children to realise their God-given gifts and talents, and grow following the example of Jesus.' Matthew 19:26- But Jesus looked at them and said, "With man this is impossible but with God all things are possible"

October 2020

Review October 2024

PSHE Curriculum Statement

At St Peter's, we have designed our curriculum to be engaging, inclusive and progressive: personal, social, health and economic (PSHE) education is a key part of this curriculum and, as such, is treated equally to other curriculum subjects. As a school, we believe that the PSHE curriculum is essential to the well-being of our children, preparing pupils for the opportunities, responsibilities and experiences of later life and teaching them how to be safe and healthy.

PSHE Statement of Intent

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all, maximises the outcomes of every child and supports pupils to:

- Develop their self-confidence and self-esteem.
- Develop a sense of responsibility for themselves and their actions.
- Become healthy, independent and responsible members of a society who understand how they are developing personally and socially.
- Have the confidence to tackle many of the moral, social and cultural issues that are part of growing up.
- Develop values and morals in line with Christian teaching and British Values.
- Accept, respect and celebrate differences between people and be sensitive to the needs of others.
- Learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.
- Make informed choices and understand their right, as individuals, to make these choices.
- Play a positive role in contributing to school life and prepare them to play an active role as citizens in the wider community.

In addition, it is our intent that the PSHE curriculum incorporates the Relationship and Sex Education (RSE) and health curriculum in order to maximise the outcomes for every child so they know more, remember more and understand more. As a result, children will know how to be safe and to understand and develop healthy relationships both now and in their future lives.

Implementation

At St Peter's, PSHE is delivered through topic lessons and we have a clear and comprehensive scheme of work in line with the National Curriculum. The PSHE curriculum has three core learning themes: health and wellbeing, relationships and living in the wider world. The PSHE curriculum also incorporates the RSE and health curriculum and promotes the Fundamental British Values. We have developed a bespoke PSHE curriculum which meets the current needs of the children at St Peter's, utilising components of published PSHE materials including PSHE Association resources. Topic areas include:

- Physical health
- Mental health
- Growing and changing
- Drugs, alcohol and tobacco
- Families and close relationships
- Friendships

- Managing hurtful behaviour and bullying
- Safe relationships
- Respecting self and others
- Shared responsibilities
- Communities
- Digital resilience
- Economic wellbeing
- British values

PSHE permeates through all facets of school life and therefore much of this subject is covered outside of PSHE lessons. Examples of how PSHE is covered include:

- Themed days or weeks, e.g. British values and Mental Health
- Generous support for different charities.
 - Positions of responsibility for the children, e.g. Pupil School Council. The pupils are elected by their peers and have a voice in the decisions affecting them and their school. They also have the responsibility to choose the school charity and decide how School Association money is spent within the school. Play leaders, Health and Wellbeing Champions, Eco Leaders, Young Leaders.
- Worship- looking at the Gospel and school values and how we treat each other.

At St Peter's, we actively encourage pupils to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and community.

Impact

- Children will know more and remember more about PSHE.
- Children will recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
- Children will demonstrate a healthy outlook towards school – attendance will be above 97% and behaviour will be good
- At least 95% of pupils in each cohort will achieve age related expectations across the wider curriculum in addition to the core subjects.
- Children will develop positive and healthy relationship with their peers both now and in the future.
- Children will understand the physical aspects involved in RSE at an age appropriate level.
- Children will have respect for themselves and others.
- Children will have positive body images.

Inclusion

At St Peter's, we are committed to enabling all pupils to participate fully in all aspects of school life, including an ambitious PSHE curriculum. In order to achieve this, the SENCO and Learning Support Assistants, under the direction of the class teacher, will sometimes work with small groups or individuals to provide extra support. Where appropriate, children with SEND will be provided with reasonable adjustments through their tasks and the level of challenge provided.

Equal Opportunities

All pupils have full access to the PSHE curriculum in compliance with the school's Equality Plan.

Links with Outside Experts

Where opportunities present themselves, the school will involve outside expertise to support the delivery of the PSHE curriculum.

Examples include:

- Police
- Paramedics
- Government advisers
- Magistrates
- Barristers
- Probation Support workers
- Members of St Peter's Church
- Lady Sidra Naeem – the Muslim Chaplain at Anglia Ruskin University and the Queen's Representative for Essex
- The two Johns (online safety)
- Road Safety Officers
- Mental health workers

Parents are actively encouraged to share their expertise with the school.

Responsibilities

The PSHE Co-ordinator is responsible for:

- Monitoring the teaching and learning of PSHE to ensure the children know more, remember more and understand more about PSHE related issues.
- Overseeing and implementing the policy.
- Writing an annual action plan for the School Development Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.
- Attending regular courses to keep knowledge up to date and feedback to staff upon return.